

AdventureSmart



Adventure

Explore

Passion






Live Life



Be AdventureSmart

Get informed + go outdoors

Current **AdventureSmart** programs include:

-  **Hug a Tree and Survive Canada**
This presentation is aimed at children in grades K-5. It teaches children how not to become lost in the woods, and what to do if they should become lost.
-  **Snow Safety Education**
This presentation is aimed at children in grades 4-6, teaching ski hill safety and signage, and backcountry information including "Out of Bounds" hazards.
-  **Survive Outside**
This presentation is aimed at people aged 12-99. It focuses on trip planning, training and taking the essentials, including how to alert the SAR system and survivability pending rescue.
-  **Survive Outside Snowmobiling**
This presentation is aimed at snowmobilers and focuses on trip planning, safe snowmobiling techniques, essential equipment and travel over ice and avalanche terrain.
-  **PaddleSmart**
This presentation is designed for youth and adults who want to paddle whether it is on stand-up paddleboards, canoes or kayaks. Topics include trip planning, training and taking the essentials for water based activities with segments on moving and coastal waters as appropriate.

More Information

For information about **AdventureSmart**, program delivery or to download or use our online trip plan, visit www.adventuresmart.ca

To find out about search and rescue in Canada visit www.nss-snr.gc.ca

AdventureSmart is a national program dedicated to encouraging Canadians and visitors to Canada to "Get informed and go outdoors". Promoting fun and outdoor recreation, **AdventureSmart** balances key safety messages with an individual's responsibility for safety; encouraging the public to obtain the knowledge, skills and equipment necessary for them to enjoy their outdoor pursuits.

AdventureSmart combines online and on-site awareness with targeted outreach to try and reduce the number and severity of search and rescue (SAR) incidents. **AdventureSmart** believes that providing this information will allow outdoor recreationalists to significantly improve their ability to make informed decisions, mitigate risk and change their behaviour.

Be AdventureSmart. Whether your activity is during the summer or winter, on land or water, anywhere in Canada; remember the three T's and follow these simple steps:

Trip Planning

Plan your route. Know the terrain and conditions. Check the weather. Always fill out a trip plan and leave it with a responsible party, family member or friend.

Training

Obtain the knowledge and skills you need before heading out. Know and stay within your limits.

Taking the Essentials

Carry the essentials and know how to use them. Add other equipment specific to your chosen activity, season and location.

The AdventureSmart suite of programs

Designed for children and adults to help prepare them for outdoor activities. The presentations are between 45 and 90 minutes in length; however, the content is flexible enough to allow for quick overviews, can be incorporated into key messages in your own training curriculums or expanded to include practical application based on the audience, activity and location.

Photo: Government of Yukon



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